

## OCTOBER 2020

Steel Valley High School

ALL Students Free under CEP.

Manadana		Wednesday	Thomas	Friday
Monday	Tuesday	Wednesday	Thursday	Friday
			Sausage, Egg, & Cheese Croissant Spicy Chicken/ bun	Chicken & Cheese Quesadilla w/ salsa Mexican Pizza
			Home Fries, Fresh Broccoli Fruit Variety, Milk	Sliced Carrots, Side Salad Fruit Variety, Milk
Chicken Nuggets/ roll 5 BBQ Rib/ bun	Chicken Alfredo w/ breadstick Breaded Ravioli w/ sauce	Hamburger/ bun Mac & Cheese/ roll	Mini Waffles w/ sausage & syrup Spicy Chicken/ bun	French Bread Pizza Grilled Chicken Sandwich
Smiley Fries, Cucumber Slices Fruit Variety, Milk	Green Beans, Fresh Broccoli Fruit Variety, Milk	Baked Beans, Coleslaw Fruit Variety, Milk	Hashbrowns, Grape Tomatoes Fruit Variety, Milk	Baby Carrots, Side Salad, Fruit Variety, Milk
Chicken Tenders/ roll Sloppy Joe/ bun	Walking Taco Mexican Pizza	Hot Dog Steak & Cheese Hoagie	Pancakes w/ sausage 15 & syrup Spicy Chicken/ bun	Calzone w/ sauce Pepperoni Pizza
Curly Fries, Baby Carrots Fruit Variety, Milk	Refried Beans, Sweet Corn Fruit Variety, Milk	Wedge Fries, Fresh Broccoli, Fruit Variety, Milk	Home Fries, Fresh Cauliflower Fruit Variety, Milk	Sliced Carrots, Side Salad, Fruit Variety, Milk
Chicken Patty/ bun Hot Sausage Hoagie	Popcorn Chicken/ roll 20 Hamburger/ bun	Chicken Sticks/ roll Pulled Pork Hoagie	French Toast w/ sausage & syrup Spicy Chicken/ bun	Personal Pan Pizza General Tso's Chicken w/ rice
French Fries, Baby Carrots Fruit Variety, Milk	Mashed Potatoes/ gravy, Corn Fruit Variety, Milk	Baked Beans, Fresh Broccoli Fruit Variety, Milk	Hashbrowns, Grape Tomatoes Fruit Variety, Milk	Green Beans, Side Salad, Fruit Variety, Milk
Chicken Drumstick w/ 26 biscuit Meatball Hoagie	Beef & Cheese Nachos 27 Mexican Pizza	Corn Dog Hamburger/ bun	Lasagna w/ breadstick29 Spicy Chicken/ bun	Cheesy Breadsticks w/ sauce Teriyaki Beef w/ rice
French Fries, Baby Carrots Fruit Variety, Milk	Sweet Corn, Celery Sticks Fruit Variety, Milk	Potato Smiles, Baked Beans Fruit Variety, Milk	Broccoli, Fresh Cauliflower Fruit Variety, Milk	Sliced Carrots, Side Salad Fruit Variety, Milk

Due to the COVID-19 Pandemic all breakfast is grab & go, your child will pick up the meal whenever they enter the building.